

### CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> Bran Flakes* Apples Milk	<b>Breakfast</b> Waffles* Peaches Milk	<b>Breakfast</b> HM Carrot Apple Muffins* Bananas Milk	<b>Breakfast</b> Cheerios* Cantaloupe Milk	<b>Breakfast</b> Raisin Toast* Strawberries Milk
<b>Lunch</b> HM Cheesy Olive Rice Casserole* <sub>d</sub> Watermelon Milk	<b>Lunch</b> HM English Muffin Pizzas w/ Olives and Pineapple* <sub>d</sub> Green Beans Milk	<b>Lunch</b> HM Chilaquiles Refried Beans Cucumbers Milk	<b>Lunch</b> HM Cheese Strata* <sub>d</sub> Peas and Carrots Pears Milk	<b>Lunch</b> Julia's Bean Stew Biscuits* Honeydew Milk
<b>Snack</b> HM Trail Mix* Mandarins Milk	<b>Snack</b> Yogurt Pops <sub>d</sub> Pears Water	<b>Snack</b> String Cheese <sub>d</sub> Harvest Wheat Crackers* <sub>d</sub> Water	<b>Snack</b> Fruit Smoothies Graham Crackers*	<b>Snack</b> Fruit Bars* Milk

<sub>d</sub> indicates that food item contains dairy

\*indicates that food item contains whole grain

HM - Homemade

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

Toddler

August 20-24