

CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Life Cereal* Apples Milk	Breakfast Waffles* Peaches Milk	Breakfast HM Carrot Apple Muffins* Bananas Milk	Breakfast Cheerios* Cantaloupe Milk	Breakfast Raisin Toast* d Applesauce Milk
Lunch HM Cheesy Olive Rice Casserole*d Watermelon Milk	Lunch HM English Muffin Pizzas w/ Olives and Pineapple*d Green Beans Milk	Lunch HM Chilaquiles Refried Beans Cucumbers Milk	Lunch HM Cheese Strata* d Peas and Carrots Peaches Milk	Lunch HM Julia's Bean Stew* Biscuits Honeydew Milk
Snack HM Trail Mix* Mandarins Milk	Snack Yogurt Pops d Pears Water	Snack Peanut Butter on Harvest Wheat Crackers* Milk	Snack Fruit Smoothies Graham Crackers*	Snack Fruit Bars * Milk

d indicates that food item contains dairy
 *indicates that food item contains whole grain

HM - Homemade
 Humboldt Creamery Milk (Organic)

All items subject to change

Toddler

January 29-February 2