

CHILDREN'S CENTER WEEKLY MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| Breakfast Chex* Peaches Milk | Breakfast HM Cornbread* Apples Milk | Breakfast HM Orange Zucchini Bread* Cantaloupe Milk | Breakfast HM Oatmeal* Bananas Milk | Breakfast Bran Flakes* Pears Milk |
| Lunch HM Macaroni and Cheese* _d Mandarins Green Beans Milk | Lunch HM Potato Cheese Soup _d Biscuits* _d Honeydew Milk | Lunch HM Egg Salad Sandwiches* Watermelon Cucumbers Milk | Lunch HM Lasagna* _d Mandarins Milk | Lunch HM Spanish Rice w/Veggies* Refried Beans Apples Milk |
| Snack Cheddar Cheese Chunks Apples Water | Snack Harvest Whole Wheat Crackers* 100% Orange Juice | Snack HM Trail Mix* Pears Water | Snack HM Fall Harvest Muffins* Milk | Snack Banana Popsicles Graham Crackers* Water |

_d indicates that food item contains dairy

HM - Homemade

*indicates that food item contains whole grain

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

Toddler

Oct 29- Nov 2