

### CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> HM Oatmeal* Apples & Cranberries Milk	<b>Breakfast</b> Corn Chex* Bananas Milk	<b>Breakfast</b> Cinnamon Raisin Toast w/ Cream Cheese*d Mandarins Milk	<b>Breakfast</b> Waffles d Strawberries Milk	<b>Breakfast</b> HM Pumpkin Bread* Applesauce Milk
<b>Lunch</b> HM Chilaquiles* Black Beans Pears Milk	<b>Lunch</b> Potato Cheese Soup d Whole Wheat Brio* Watermelon Milk	<b>Lunch</b> HM Cheesy Spaghetti Squash w/ Marinara d Breadsticks*d Steamed Apples Milk	<b>Lunch</b> HM Spanish Rice w/ Veggies* Refried Beans Pineapple Milk	<b>Lunch</b> HM Grilled Cheese on Brio Sourdough d Green Beans Cantaloupe Milk
<b>Snack</b> HM Smoothies Granola Bars*	<b>Snack</b> Egg Wedges Harvest Wheat Crackers*d Water	<b>Snack</b> Avocado Whole Wheat Tortillas* Water	<b>Snack</b> HM Peanut Butter Bites* Bananas Milk	<b>CLOSED</b>

d indicates that food item contains dairy  
 \*indicates that food item contains whole grain

HM - Homemade  
 Humboldt Creamery Milk (Organic)

All items subject to change