

CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Whole Wheat Toast* _d Mandarins Milk	Breakfast Biscuits* _d Peaches Milk	Breakfast HM Bran Muffins* Pears Milk	Breakfast Life Cereal* Bananas Milk	Breakfast HM Zucchini Apple Bread* Strawberries Milk
Lunch HM Baked Beans Cornbread* _d HM Green Salad Watermelon Milk	Lunch HM Peanut Butter and Banana Sandwiches on Brio Whole Wheat* Cucumbers Steamed Apples Milk	Lunch HM Spaghetti Pie* _d Honey Dew Milk	Lunch HM Lentil Soup Harvest Wheat Crackers* Steamed Carrots Pineapple Milk	Lunch HM Egg Puff w/ Zucchini* _d Breadsticks* _d Mandarins Milk
Snack Yogurt w/ Blueberries _d Granola* Water	Snack Pumpkin Cream Cheese Spread _d Graham Crackers* _d Water	Snack HM Pear Scones* _d Milk	Snack Bell Peppers Goldfish* _d Water	Snack HM Gingerbread* Bananas Milk

_d indicates that food item contains dairy
 *indicates that food item contains whole grain

HM - Homemade
 Humboldt Creamery Milk (Organic)

All items subject to change