

CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Life Cereal* Mandarins Milk	Breakfast Yogurt d & Granola* Strawberries Milk	Breakfast Cornbread*d Applesauce Milk	Breakfast HM Overnight Muesli*d Bananas Milk	Breakfast HM Oatmeal Breakfast Bars*d Peaches Milk
Lunch HM Bean Burritos* Tomatoes & Olives Steamed Apples Milk	Lunch HM PB & J on Brio Whole Wheat* Bananas Cucumbers Milk	Lunch HM Egg Salad Harvest Wheat Crackers* Steamed Carrots Watermelon Milk	Lunch HM Broccoli Cheese Soup*d Breadsticks*d Pineapple Milk	Lunch HM Baked Pasta w/ Ricotta d Pears Milk
Snack HM Trail Mix*d 100% Orange Juice	Snack HM Sour Cream Pumpkin Muffins*d Milk	Snack Breadsticks*d HM Marinara Milk	Snack Cheddar Slices d Harvest Wheat Crackers* Water	Snack Steamed Apples Peanut Butter Water

d indicates that food item contains dairy
 *indicates that food item contains whole grain

HM - Homemade
 Humboldt Creamery Milk (Organic)

All items subject to change