

## CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>  Bran Flakes* Apples Milk	<b>Breakfast</b>  Waffles* Peaches Milk	<b>Breakfast</b>  HM Yummy Crumb Cake* Bananas Milk	<b>Breakfast</b>  Cheerios* Cantaloupe Milk	<b>Breakfast</b>  Raisin Toast* Mandarins Milk
<b>Lunch</b>  HM Cheesy Olive Rice Casserole*d Watermelon Milk	<b>Lunch</b>  HM English Muffin Pizzas w/ Olives and Pineapple*d Green Beans Milk	<b>Lunch</b>  HM Chilaquiles Refried Beans Peaches Milk	<b>Lunch</b>  HM Cheese Strata* d Peas and Carrots Pears Milk	<b>Lunch</b>  Julia's Bean Stew Biscuits* Honeydew Milk
<b>Snack</b>  HM Applesauce Cookies* Mandarins Milk	<b>Snack</b>  Yogurt Pops d Pears Water	<b>Snack</b>  String Cheese d Harvest Wheat Crackers* d Water	<b>Snack</b>  Fruit Smoothies Graham Crackers*	<b>Snack</b>  Fruit Bars* Milk

d indicates that food item contains dairy

\*indicates that food item contains whole grain

HM - Homemade

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

