

## CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>  Chex* Peaches Milk	<b>Breakfast</b>  HM Gingerbread* Apples Milk	<b>Breakfast</b>  HM Oatmeal* Bananas Milk	<b>Breakfast</b>  HM Banana Bread* Cantaloupe Milk	<b>Breakfast</b>  Bran Flakes* Pears Milk
<b>Lunch</b>  HM Macaroni and Cheese*d <sub>g</sub> Mandarins Green Beans Milk	<b>Lunch</b>  HM Broccoli Cheese Soup*d <sub>g</sub> Biscuits*d <sub>g</sub> Honeydew Milk	<b>Lunch</b>  HM Quiche d <sub>g</sub> * Pears Cucumbers Milk	<b>Lunch</b>  HM Lasagna* d <sub>g</sub> Kidney Beans Mandarins Milk	<b>Lunch</b>  HM Spanish Rice w/Veggies* Black Beans Apples Milk
<b>Snack</b>  Cheddar Cheese Chunks Apples Water	<b>Snack</b>  Harvest Whole Wheat Crackers* 100% Orange Juice	<b>Snack</b>  HM Trail Mix* Mandarins Water	<b>Snack</b>  HM Fall Harvest Muffins* Milk	<b>Snack</b>  Banana Popsicles Graham Crackers* Water

d<sub>g</sub> indicates that food item contains dairy

\*indicates that food item contains whole grain

HM - Homemade

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

Toddler

Feb 18-22