

CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Center Closed	Breakfast Bran Flakes* Apples Milk	Breakfast HM Carrot Apple Muffins* Bananas Milk	Breakfast Cheerios* Cantaloupe Milk	Breakfast Waffles* Peaches Milk
Center Closed	Lunch HM Cheesy Olive Rice Casserole*d Watermelon Milk	Lunch HM Chilaquiles Refried Beans Cucumbers Milk	Lunch HM Cheese Strata* d Peas and Carrots Pears Milk	Lunch HM English Muffin Pizzas w/ Olives and Pineapple*d Green Beans Milk
Center Closed	Snack HM Trail Mix* Oranges Milk	Snack String Cheese d Harvest Wheat Crackers*d Water	Snack Fruit Smoothies Graham Crackers*	Snack Yogurt Pops d Pears Water

d indicates that food item contains dairy

HM - Homemade

*indicates that food item contains whole grain

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change