## Toddler Date 2/6-2/10/23

## **CHILDREN'S CENTER WEEKLY MENU**

Food/Serving   Fold/Sup   Milk (1/2 cup)   Milk (	Component	Monday	Tuesday	Wednesday	Thursday	Friday
Raisin Bread* (1/2 oz)   HM Datmeal (1/2 oz)   Bagels* (1/2 oz)   HM Pancakes*d (1/2 oz)   Fruit/Veggie   Apples (1/4 cup)   Pears (1/4 cup)   Apples (1/2 cup)   Apricots (1/4 cup)   Applesauce (1/4 cup)   Milk (1/2 cup)   Mi	Component	Food/Serving	Food/Serving	Food/Serving	Food/Serving	Food/Serving
Grain	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluid Milk   Milk (1/2 cup)   Milk (1/	Grain		•	HM Oatmeal (1/2 oz)	Bagels* (1/2 oz)	HM Pancakes*d (1/2 oz)
M/MA	Fruit/Veggie	Apples (1/4 cup)	Pears (1/4 cup)	Apples (1/2 cup)	Apricots (1/4 cup)	Applesauce (1/4 cup)
Lunch     Lunch     Lunch     Lunch     Lunch       Whole Wheat Tortillas* (1/2 oz)     Biscuits*d, (1/2 oz)     Spaghetti Noodles* (1/2 oz)     Whole Wheat Bread* (1/2 oz)     Corn Tortillas (1/2 oz)       M/MA     Sliced Cheese (1 oz) (Quesadilas)     String Cheese (1/2 oz)     Cheese (1 oz) (1/2 oz)     Eggs (3/4 serving) (Egg Puff)     Refried Beans (1/4 cup) (Tortilla Cass)       Vegetable     Green Beans (1/8 cup)     Misc Vegetables (Veggie Chili) (1/8 cup)     Marinara Sauce (1/8 cup)     Lunchin (1/8 cup)     Tomato Sauce (1/8 cup)       Fruit or Veggie     Mandarins (1/8 cup)     Honeydew (1/8 cup)     Apricots (1/8 cup)     Watermelon (1/8 cup)     Pears (1/8 cup)       Fluid Milk     Milk (1/2 cup)       Snack (2 only)     Snack     Snack     Snack     Snack     Snack     HM Sour Cream Pumpkin Muffins*d, (1/2 oz)       Grain     Cheese Chunks (1/2 oz)     Cottage Cheese (1/5 oz)     Cottage Cheese (1/5 oz)     HM Sour Cream Pumpkin Muffins*d, (1/2 oz)       Wegetable     Banana Pops (1/2 cup)     Peaches (1/2 cup)     Bananas (1/2 cup)	Fluid Milk	Milk (1/2 cup)	Milk (1/2 cup)	Milk (3/4 cup)	Milk (1/2 cup)	Milk (1/2 cup)
Whole Wheat Tortillas* (1/2 oz)   Spaghetti Noodles* (1/2 oz)	M/MA					
Company   Comp	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cheese   Color   Col	Grain		~			
Vegetable         (1/8 cup)         (Veggie Chili) (1/8 cup)         (1/8 cup)         (1/8 cup)         (1/8 cup)           Fruit or Veggie         Mandarins (1/8 cup)         Honeydew (1/8 cup)         Apricots (1/8 cup)         Watermelon (1/8 cup)         Pears (1/8 cup)           Fluid Milk         Milk (1/2 cup)         Pumpkin Muffins*q, (1/2 oz)         Milk (1/2 oz)         Cottage Cheese (1/5 oz)         Milk (1/2 oz)         Milk (1/2 cup)         Milk (1/2 c	M/MA					
Fruit or Veggie       Mandarins (1/8 cup)       Honeydew (1/8 cup)       Apricots (1/8 cup)       Watermelon (1/8 cup)       Pears (1/8 cup)         Fluid Milk       Milk (1/2 cup)         Snack (2 only)       Snack       Snack       Snack       Snack         Pita Bread * (1/2 oz)       Saltine Crackers * (1/2 oz)       Trail Mix *d, (1/2 oz)       HM Sour Cream Pumpkin Muffins*d, (1/2 oz)         Grain       Cheese Chunks       Cottage Cheese (1/5 oz)       Cottage Cheese (1/5 oz)       Banana Pops (1/2 cup)    Fruit Bananas (1/2 cup) Bananas (1/2 cup)	Manatahla		•			
Fluid Milk         Milk (1/2 cup)         Milk (1/2 c		· · · · · · · · · · · · · · · · · · ·		, , , , , ,		
Snack (2 only)  Snack  Pita Bread * (1/2 oz)  Cheese Chunks (1/5 oz)  Vegetable  Fruit  Snack  Trail Mix *d, (1/2 oz)  Cottage Cheese (1/5 oz)  Cottage Cheese (1/5 oz)  Peaches (1/2 cup)  Peaches (1/2 cup)  Bananas (1/2 cup)		1	•	• • • • • • • • • • • • • • • • • • • •		
Pita Bread * (1/2 oz)   Saltine Crackers * (1/2 oz)   Cheese Chunks   (1/5 oz)   Cheese Chunks   (1/	FIUIA IVIIIK	WIIIK (1/2 cup)	MIIK (1/2 cup)	WIIIK (1/2 cup)	<b>IVIIIK</b> (1/2 cup)	WIIIK (1/2 cup)
Pita Bread * (1/2 oz)   Saltine Crackers * (1/2 oz)   Cheese Chunks   (1/5 oz)   Cheese Chunks   (1/	Snack (2 only)	Snack	Snack	Snack	Snack	Snack
M/MA         (1/5 oz)         (1/5 oz)           Vegetable         Banana Pops (1/2 cup)         Peaches (1/2 cup)         Bananas (1/2 cup)		Pita Bread *	Saltine Crackers *	3.000	Trail Mix *dှ	HM Sour Cream Pumpkin Muffins*d
Vegetable     Banana Pops (1/2 cup)     Peaches (1/2 cup)     Bananas (1/2 cup)	M/MA					
Fruit  Banana Pops (1/2 cup)  Peaches (1/2 cup)  Bananas (1/2 cup)		(-,,		(-, ,		
Fluid Milk Milk (1/2 cup)	Fruit		Banana Pops (1/2 cup)	Peaches (1/2 cup)	Bananas (1/2 cup)	
	Fluid Milk					Milk (1/2 cup)

Children 12-24 months are served whole, unflavored milk Children over 24 months are served 1%, unflavored milk \* indicates WGR foods d indicates dairy foods