

Toddler

Date 4/10/23-4/14/23

CHILDREN'S CENTER WEEKLY MENU

Component	Monday Food/Serving	Tuesday Food/Serving	Wednesday Food/Serving	Thursday Food/Serving	Friday Food/Serving
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Grain</i>	English Muffins* (1/2 oz)	HM Baked Oatmeal*d _l (1/2 serving)	HM Banana Bread*d _l (1/4 cup)	HM Pumpkin Apple Bread*d _l (1/2 serving)	Cheerios* (1/2 slice)
<i>Fruit/Veggie</i>	Apples (1/4 cup)	Blueberries (1/4 cup)	Pineapple (1/4 cup)	Bananas (1/4 cup)	Cantaloupe (1/4 cup)
<i>Fluid Milk</i>	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)
<i>M/MA</i>					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<i>Grain</i>	Penne Pasta*d _l (1/4 cup) (Baked Pasta)	Biscuits*d _l (1/4 cup) (Potato Cheese Soup)	Lasagna Noodles*d _l (1/4 cup) (Lasagna)	English Muffin*d _l (1/2 slice) (Pizza)	Flour Tortilla*d _l (1/2 slice) (Quesadillas)
<i>M/MA</i>	Kidney Beans (1/4 cup)	String Cheese (1 oz)	Cheese (1/4 cup)	Cheese (1 oz)	Cheese (1/4 cup)
<i>Vegetable</i>	Green Beans (1/8 cup)	Potatoes (1/8 cup)	Broccoli (1/8 cup)	Butternut Squash (1/8 cup)	Corn (1/8 cup)
<i>Fruit or Veggie</i>	Peaches (1/8 cup)	Bananas (1/8 cup)	Apples (1/8 cup)	Mandarins (1/8 cup)	Watermelon (1/8 cup)
<i>Fluid Milk</i>	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)	Milk (1/2 cup)
Snack (2 only)	Snack	Snack	Snack	Snack	Snack
<i>Grain</i>	Pear Scones* (1/2 oz)	Graham Crackers* (1/2 oz)	Trail Mix* (1/2 oz)		Pita Bread* (1/2 oz)
<i>M/MA</i>	String Cheese (1/2 oz)			Cottage Cheese d _l (1 serving)	Hummus (1/2 oz)
<i>Vegetable</i>					
<i>Fruit</i>		Misc Fruits (1/2 cup) (Smoothies)	Apricots (1/2 cup)	Pears (1/2 cup)	
<i>Fluid Milk</i>					

Children 12-24 months are served whole, unflavored milk
 Children over 24 months are served 1%, unflavored milk

* indicates WGR foods
 d_l indicates dairy foods

All items subject to change