

### CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Center Closed	<b>Breakfast</b> Bran Flakes* Apples Milk	<b>Breakfast</b> HM Carrot Apple Muffins* Bananas Milk	<b>Breakfast</b> Cheerios* Cantaloupe Milk	<b>Breakfast</b> Waffles* Peaches Milk
Center Closed	<b>Lunch</b> HM Cheesy Olive Rice Casserole*d Watermelon Milk	<b>Lunch</b> HM Chilaquiles Refried Beans Cucumbers Milk	<b>Lunch</b> HM Cheese Strata* d Peas and Carrots Pears Milk	<b>Lunch</b> HM English Muffin Pizzas w/ Olives and Pineapple*d Green Beans Milk
Center Closed	<b>Snack</b> HM Trail Mix* Mandarins Milk	<b>Snack</b> String Cheese d Harvest Wheat Crackers* d Water	<b>Snack</b> Fruit Smoothies Graham Crackers*	<b>Snack</b> Yogurt Pops d Pears Water

d indicates that food item contains dairy

HM - Homemade

\*indicates that food item contains whole grain

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

