

## CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>  Cheerios* Mandarins Milk	<b>Breakfast</b>  Bagels* Mandarins Milk	<b>Breakfast</b>  HM Bran Muffins* Strawberries Milk	<b>Breakfast</b>  Oatmeal* Peaches Milk	<b>Breakfast</b>  HM Scones* Pears Milk
<b>Lunch</b>  HM Chilaquiles* Refried Beans Pears Milk	<b>Lunch</b>  HM Vegetarian Chili Biscuits* Bananas String Cheese Milk	<b>Lunch</b>  HM Broccoli Noodle Casserole* d Watermelon Milk	<b>Lunch</b>  HM Egg Puff d * Peas and Carrots Biscuits Mandarins Milk	<b>Lunch</b>  HM Breakfast Burritos* Cantaloupe Milk
<b>Snack</b>  Raisin Bread w/Cream Cheese* d Apples	<b>Snack</b>  HM Trail Mix* Peaches Water	<b>Snack</b>  Frozen Yogurt Graham Cracker Sandwiches * d Water	<b>Snack</b>  Cheddar Cheese Chunks Harvest Wheat Crackers* d Water	<b>Snack</b>  Fruit Smoothies Graham Crackers*

d indicates that food item contains dairy

\*indicates that food item are whole grain-rich

HM - Homemade

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change

Toddler

July 15-19