

CHILDREN'S CENTER WEEKLY MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| Breakfast Bran Flakes* Apples Milk | Breakfast Waffles* Peaches Milk | Breakfast HM Yummy Crumb Cake* Bananas Milk | Breakfast Cheerios* Cantaloupe Milk | Breakfast Raisin Toast* Oranges Milk |
| Lunch HM Cheesy Olive Rice Casserole*d Watermelon Milk | Lunch HM English Muffin Pizzas w/ Olives and Pineapple*d Green Beans Milk | Lunch HM Chilaquiles Refried Beans Peaches Milk | Lunch HM Cheese Strata* d Peas and Carrots Pears Milk | Lunch Julia's Bean Stew Biscuits* Honeydew Milk |
| Snack HM Applesauce Cookies* Oranges Milk | Snack Yogurt Pops d Pears Water | Snack String Cheese d Harvest Wheat Crackers*d Water | Snack Fruit Smoothies Graham Crackers* | Snack Fruit Bars* Milk |

d indicates that food item contains dairy

*indicates that food item contains whole grain

HM - Homemade

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change