

CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cheerios* Oranges Milk	Breakfast Bagels* Strawberries Milk	Breakfast HM Bran Muffins* Apples Milk	Breakfast Oatmeal* Peaches Milk	Breakfast HM Baked French Toast* d Pears Milk
Lunch HM Chilaquiles* Refried Beans Pears Milk	Lunch HM Tomato Alphabet Soup* Bananas String Cheese Milk	Lunch HM Broccoli Noodle Casserole* d Watermelon Milk	Lunch HM Egg Puff d * Peas and Carrots Biscuits Bananas Milk	Lunch HM Tortilla Casserole* Cantaloupe Milk
Snack Raisin Bread w/Cream Cheese* d Apples	Snack Cheddar Cheese Chunks Harvest Wheat Crackers* d Water	Snack Fruit Smoothies Graham Crackers*	Snack HM Trail Mix* Oranges Water	Snack Frozen Yogurt Graham Cracker Sandwiches * d Water

d indicates that food item contains dairy

HM - Homemade

*indicates that food item contains whole grain

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change