

### CHILDREN'S CENTER WEEKLY MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> Cheerios* Oranges Milk	<b>Breakfast</b> Bagels* Strawberries Milk	<b>Breakfast</b> HM Bran Muffins* Apples Milk	<b>Breakfast</b> Oatmeal* Peaches Milk	<b>Breakfast</b> HM Baked French Toast* d Pears Milk
<b>Lunch</b> HM Chilaquiles* Refried Beans Pears Milk	<b>Lunch</b> HM Tomato Alphabet Soup* Bananas String Cheese Milk	<b>Lunch</b> HM Broccoli Noodle Casserole* d Watermelon Milk	<b>Lunch</b> HM Egg Puff d * Peas and Carrots Biscuits Bananas Milk	<b>Lunch</b> HM Tortilla Casserole* Cantaloupe Milk
<b>Snack</b> Raisin Bread w/Cream Cheese* d Apples	<b>Snack</b> Cheddar Cheese Chunks Harvest Wheat Crackers* d Water	<b>Snack</b> Fruit Smoothies Graham Crackers*	<b>Snack</b> HM Trail Mix* Oranges Water	<b>Snack</b> Frozen Yogurt Graham Cracker Sandwiches * d Water

d indicates that food item contains dairy

HM - Homemade

\*indicates that food item contains whole grain

Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk

Children over 24 months are served 1%, unflavored milk

All items subject to change