Preschool July 15-19

## CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheerios* Oranges Milk	Bagels* Oranges Milk	HM Bran Muffins* Strawberries Milk	Oatmeal* Peaches Milk	HM Scones* Pears Milk
Lunch	Lunch	Lunch	Lunch	Lunch
HM Chilaquiles* Refried Beans Pears Milk	HM Vegetarian Chili Biscuits* Bananas String Cheese Milk	HM Broccoli Noodle Casserole* d Watermelon Milk	HM Egg Puff dॢ * Peas and Carrots Biscuits Bananas Milk	HM Breakfast Burritos* Cantaloupe Milk
Snack	Snack	Snack	Snack	Snack
Raisin Bread w/Cream Cheese* d Apples	HM Trail Mix* Peaches Water	Frozen Yogurt Graham Cracker Sandwiches * d Water	Cheddar Cheese Chunks Harvest Wheat Crackers* d Water	Fruit Smoothies Graham Crackers*

d indicates that food item contains dairy
\*indicates that food item are whole grain-rich

HM - Homemade Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk Children over 24 months are served 1%, unflavored milk

All items subject to change