

### CHILDREN'S CENTER WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Chex* Peaches Milk	<b>Breakfast</b> HM Cornbread* Apples Milk	<b>Breakfast</b> HM Orange Zucchini Bread* Cantaloupe Milk	<b>Breakfast</b> HM Oatmeal* Bananas Milk	<b>Breakfast</b> Bran Flakes* Strawberries Milk
<b>Lunch</b> HM Macaroni and Cheese*d <sub>g</sub> Mandarins Green Beans Milk	<b>Lunch</b> HM Potato Cheese Soup*d <sub>g</sub> Biscuits*d <sub>g</sub> Honeydew Milk	<b>Lunch</b> HM Egg Salad Sandwiches* Watermelon Cucumbers Milk	<b>Lunch</b> HM Lasagna* d <sub>g</sub> Mandarins Milk	<b>Lunch</b> HM Spanish Rice w/Veggies* Refried Beans Apples Milk
<b>Snack</b> Cheddar Cheese Chunks Apples Water	<b>Snack</b> Harvest Whole Wheat Crackers* 100% Orange Juice	<b>Snack</b> Goldfish*d <sub>g</sub> Pears Water	<b>Snack</b> HM Fall Harvest Muffins* Milk	<b>Snack</b> Banana Popsicles Graham Crackers* Water

d<sub>g</sub> indicates that food item contains dairy  
 \*indicates that food item contains whole grain

HM - Homemade  
 Humboldt Creamery Milk (Organic)

Children 12 months-24 months are served whole, unflavored milk  
 Children over 24 months are served 1%, unflavored milk

All items subject to change